## Satellite Clubs Consultation Insight



Oct 17-March 18

We asked 634 'Inactive' & 'Fairly Active' 14-19yr olds...

## What is the best way to tell you about physical activities in your area?



Social media



**Friends** 

20%

Online

Leisure centre

**∧%** 

## What factors motivate you to be physically active?

<b>48</b> %		Having fun	1
<b>44</b> %		Being with friends	
<b>24</b> %	Better health		
<b>22</b> %	Rewards		

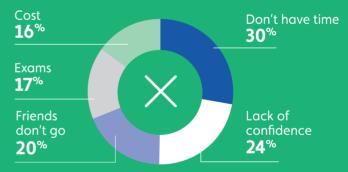


to be physically active?





What may stop you from being active?



What activities would you like to have access to?



Trampolining

20% Clubbercise



Boxing



Gym based activities

SATELLITE





