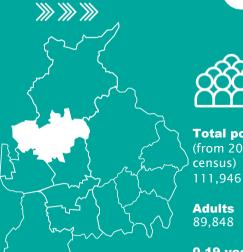
Together an Active **Future**

Wyre

Health & Well-being Infograph 2024-2025









Total population (from 2021 census)

Adults 89.848

0-19 vears 22.098



Every **42** deaths per 100,000 are linked to alcohol consumption.



Smoking 13% of adults smoke



Overweight & Obesity 67% of adults. 24% of children aged 4-5 years and 33% of children aged 10-11 years are living with overweight and obesity.



20% of adults have high blood pressure.



Dental Health

23% of 5-year-old children have signs of visible tooth decay.



Fast Food Density

There are **140** takeaways in Wyre. This is more than the average local authority in the UK.



Healthy Diet

Only 30% of adults eat the recommended 5 portions of fruit and vegetables per day.



19% of children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



35% of children (Academic year 2023/24) and **32%** of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



MSK

29% of people have a long-term musculoskeletal problem such as back and neck pain.



Commuting 8% of people use active modes of travel to journey to work.



15% of people aged over 16 are affected by mental health problems.