



# EAST LANCASHIRE TIMETABLE 2024

MONDAY	Tuesday	WEDNESDAY	THURSDAY	FRIDAY
<b>Free Breakfast</b> 9.30 - 11am, Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>	<b>Free Breakfast</b> 9.30 - 11am, Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>	<b>Free Breakfast</b> 9.30 - 11am, Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>	<b>Free Breakfast</b> 9.30 - 11am, Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>	<b>Free Breakfast</b> 9.30 - 11am, Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>
<b>Rossendale Works Skills Hub</b> 9 am - 4 pm, IT, Skills and Employment, Futures Park, Bacup. OL13 0BB	<b>Boxing Champions, Non-Contact Mentoring Session</b> 1 - 2.30pm, Pendle Yes Hub, Scotland Road, Nelson BB9 7UU <b>16 to 24 yrs only</b>	<b>Table Tennis &amp; Pool</b> 10am - 12noon, Pendle Yes Hub Scotland Road, Nelson BB9 7UU <b>16 to 24 yrs only</b>	<b>Breakfast Club</b> 10 am - 12noon (Light Activities, Chill & Chat) Trinity Hub, Bankhouse Lane Bacup OL13 OAL	<b>Snooker and Pool</b> 12noon - 1pm, Alexandra Snooker Club, 5 Holme Street, Nelson <b>16 to 24 yrs only</b>
<b>Games Room Table Tennis, Pool and Gaming.</b> 11 am - 1 pm, Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>	<b>Boxercise &amp; Wellbeing</b> 2.30 - 3.30 pm, Cardio workout, chill and chat, employment opportunities. The Fighting Fitness Academy Love Boxing, Unit 3a Myrtle Grove, Lench Rd, Rossendale, BB4 7JH	<b>Rossendale Works Skills Hub</b> 9 am - 4 pm Multiply Money Management / Debt. Futures Park, Bacup, OL13 0BB	<b>Free Clothes Upcycling Course</b> 1pm - 3pm, Active Seconds Shop, The Arndale, Accrington BB5 1EX Contact Kristy on 07724 644600 for details	<b>Rossendale Works Allotment</b> 1 - 4 pm Place of Connection & Friendship. Stacksteads Allotment Society, Brunswick Terrace, Bacup OL13 0HE
<b>Don't Fret- Guitar Sessions with Aaron</b> 1pm- 2pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU <b>16 to 24 yrs only</b>	<b>Football or Badminton</b> 4 - 5 pm Leisure Box Glen Way, Brierfield BB9 5NH	<b>Kickboxing</b> 1 - 2pm Dragons, 21 Habergham Mill Coal Clough Lane, Burnley BB11 5BS	<b>Gym &amp; Swim</b> 3 - 4 pm Pendle Wavelengths Leeds Road, Nelson BB9 9TD <b>16 to 24 yrs only</b>	<b>Trinity Food Bank</b> 6 - 7 pm Bankhouse Lane Bacup OL13 OAL
<b>Music Group</b> 1pm - 2pm Active Seconds Shop, The Arndale, Accrington, BB5 1EX	<b>YES and Youth Club</b> 5.30 - 7.30 pm, Pendle Yes Hub Scotland Road, Nelson, BB9 7UU <b>16 to 24 yrs only</b>	<b>Walk Wednesdays</b> 1 - 2pm, Meet at Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU <b>16 to 24 yrs only</b>		
<b>Free Employment and Health Advice Sessions</b> 2pm - 4pm, Skills Hub, Futures Park, Bacup OL13 0BB		<b>Football</b> 3 - 5 pm Accrington Stanley Hub, Higham Playing Fields, Thorneyholme Road, Accrington BB5 6BD		
<b>Nutritional Chats with Christine</b> 12.30- 1pm Join Zoom Meeting Meeting ID: 875 9895 1390 Join Online - <a href="https://us06web.zoom.us/j/87598951390">https://us06web.zoom.us/j/87598951390</a>				

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WITH



FOR MORE INFO VISIT:  
[activelancashire.org.uk](https://activelancashire.org.uk)



Activity for 16 - 24  
year olds only