

# CENTRAL LANCASHIRE TIMETABLE 2024

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--|---|--|---|--|
| <b>Multi Sport</b><br>12 noon - 1pm<br>All Seasons Leisure<br>Centre, Water St, Chorley<br>PR7 1EX   | <b>Non-Contact<br/>Boxing</b><br>10.30am- 11.30am,<br>Birch Green ABC<br>Boxing Club,<br>Heversham Birch<br>Green WN8 6QQ   | <b>Walk &amp; Talk</b><br>11am - 12 noon<br>Worden Park,<br>Worden Lane<br>Leyland PR25 3BD                                      | <b>Walk &amp; Talk</b><br>11am - 12 noon<br>Avenham Park,<br>South Meadow<br>Lane, Preston PR1<br>8JP | <b>Walk &amp; Talk</b><br>10 - 11am<br>Adlington Library,<br>Railway Road,<br>Chorley PR6 9RG              |
| <b>Nutritional Chats with<br/>Christine</b><br>12.30- 1pm<br>Join Zoom Meeting<br>Meeting ID: 875 9895<br>1390<br>Join Online -<br><a href="https://us06web.zoom.us/j/87598951390">https://us06web.zoom.us/j/87598951390</a> | <b>Walk &amp; Talk</b><br>11 am - 12 noon<br>Moor Park, Preston<br>PR6 1AU  | <b>Football</b><br>12 noon - 1pm<br>Fylde Sports and<br>Education<br>Centre, Coronation<br>Way,<br>Mill Farm, Preston<br>PR4 3JZ | <b>Badminton</b><br>7 - 8 pm<br>West View Leisure<br>Centre<br>Ribbleson Lane,<br>Preston PR1 5EP     | <b>Football Session</b><br>12noon - 1.30pm<br>Soccer City, Parker<br>Street, Ashton-on-<br>Ribble, PR2 2AH |
|  | <b>Dance Session</b><br>7-8pm<br>Penwortham Youth<br>& Community<br>Centre, Priory Lane,<br>Penwortham,<br>Preston, PR1 0AR | <b>Docks Walk &amp; Talk</b><br>1.30 pm<br>Riversway Preston<br>Meet dockside at<br>the Ribble Pilot                             |   |  |

IN PARTNERSHIP WITH



FOR MORE INFO VISIT: [activelancashire.org.uk](https://activelancashire.org.uk)