



# BLACKBURN TIMETABLE 2024

MONDAY	WEDNESDAY	THURSDAY
<b>Stop Smoking Together Drop In's</b> 10am – 2pm, Family Hubs Blackburn (Varying Venues) Please contact Sarah Dickson to find out more on 07465743761 / <a href="mailto:sdickson@activelancashire.org.uk">sdickson@activelancashire.org.uk</a>	<b>Somatic Dance Fitness</b> 10.30 – 11.10 am Fit Body Fit Mind - Blackburn Central Library, First Floor Room 3 BB2 1AG	<b>Badminton</b> 2 – 3pm Blackburn Youth Zone, Jubilee Street, Blackburn BB1 1EP (Except school holidays)
<b>Multi Activities</b> 3 – 4pm Blackburn Youth Zone, Jubilee St, Blackburn BB1 1EP (Except School Holidays)	<b>Stop Smoking Drop In</b> 10am-10.30 am Blackburn Central Library, BB2 1AG	
<b>Nutritional Chats with Christine</b> 12.30- 1pm Join Zoom Meeting Meeting ID: 875 9895 1390 Join Online - <a href="https://us06web.zoom.us/j/87598951390">https://us06web.zoom.us/j/87598951390</a>	<b>Breaking Through Smoking Habits</b> <b>Online private Zoom Sessions</b>  7.30pm January 10th, 24th February 7th, 21st March 6th, 20th  Call Sarah for more information: 07465743761	
	<b>Training Teams on Skills to Break through Smoking Habits</b> <b>Online Zoom Sessions</b>  7.30pm January 31st February 28th March 27th  Call Sarah for more information: 07465743761	

IN PARTNERSHIP WITH



**FOR MORE INFO VISIT:**  
[activelancashire.org.uk](https://activelancashire.org.uk)