



EAST LANCASHIRE TIMETABLE NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Free Ladies Yoga 12.15-1.15pm and 1.30-2.30pm Haslingden Community Link, Haslingden, BB4 5PG Book with Geraldine on 07465 755471</p>	<p>Free Boxcercise & Wellbeing 2 - 3 pm The Fighting Fitness Academy Love Boxing, Unit 3a Myrtle Grove, Lench Rd, Rossendale, BB4 7JH</p>	<p>Games Room (Table Tennis, Pool & Gaming) 2 - 3 pm Pendle Yes Hub Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p>	<p>Free Breakfast Club 10 am - 12noon (Light Activities, Chill & Chat) Trinity Hub, Bankhouse Lane Bacup OL13 OAL</p>	<p>Snooker and Pool 12noon - 1pm, Alexandra Snooker Club, 5 Holme Street, Nelson 16 to 24 yrs only</p>
<p>Don't Fret- Guitar Sessions with Aaron 1pm- 2pm, Pendle YES Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p>	<p>Pickleball, Badminton and Football 4 - 5 pm Leisure Box Glen Way, Brierfield BB9 5NH</p>	<p>Kickboxing 1 - 2pm Dragons Kickboxing Club, Mill, Unit 4 Thorney Bank Street, Nelson Square, Burnley BB11 1LA</p>	<p>Gym Session 3 - 4pm Pendle Wavelengths, BB9 9TD (16-24 yrs only)</p>	<p>Rossendale Works Allotment 1 - 4 pm Stacksteads Allotment Society, Brunswick Terrace, Bacup OL13 OHE</p>
<p>Music Group 1pm - 2pm Active Seconds Shop, The Arndale, Accrington, BB5 1EX</p>	<p>Youth Club 5.30 - 7.30 pm, Pendle Yes Hub Scotland Road, Nelson, BB9 7UU 16 to 24 yrs only</p>	<p>Walk Wednesdays 1 - 2pm, Meet at Pendle Yes Hub, Scotland Rd, Nelson, BB9 7UU 16 to 24 yrs only</p>	<p>Bacup in Bloom Volunteer Gardening Sessions 2 pm - 3 pm Stubbylee Park, Bacup OL13 9RQ</p>	<p>Kickboxing, Boxing and Wellbeing 2- 3pm Unit 17 Victoria Mill, Victoria Street. Accrington. BB5 0PG</p>
<p>Box Champions, Non- Contact Mentoring 2 - 3pm Pendle Yes Hub, Scotland Road, Nelson BB9 7UU 16 to 24 yrs only</p>		<p>Football Works 5-a-Side 1 - 2pm Marl Pits Leisure Centre, Newchurch Road, Rawtenstall BB4 7SN</p>	<p>Mixed Netball 6pm -7pm Hyndburn Sports Centre With coach Jane Moodie Contact Jane on 07960 340142 for any enquiries</p>	
<p>Community Options 2pm - 4pm, Skills Hub, Futures Park, Bacup OL13 0BB</p>		<p>Football 3 - 5 pm Accrington Stanley Hub, Higham Playing Fields, Thorneyholme Road, Accrington BB5 6BD</p>		
		<p>Haslingden Community Link Drop- in Active Lancashire Advice and Support 11am -12pm Haslingden Community Link, Haslingden. BB4 5PG</p>		
		<p>Walk, Talk & Foraging 10 am- 12 noon Inspire, St Philips Centre Leeds Road, Nelson BB9 9XB Contact Sarah Dickson For Details: 07465 743761</p>		



**Activity for 16 - 24
year olds only**

**IN PARTNERSHIP
WITH**



**FOR MORE INFO VISIT:
activelancashire.org.uk**