Active Lancashire Limited

(A Charitable Company Limited by Guarantee)

Trustees' Report and Financial Statements

For the year ended 31 March 2023



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COMPANY INFORMATION

Directors	and	tructocc
Directors	and	trustees

Mr M B Cookson Mrs A J Parker Mr R Davies Mr R Richardson Mr D Clarke

Ms Z Chikh Mrs L Horner Mr K Masser Mrs S Kothari

County Councillor P Buckley County Councillor R Bailey County Councillor M Green County Councillor S Smith

Mr Bryan Jones

(Chair)

Resigned 20th April 2023

- Resigned 14th March 2023

Resigned 21st March 2023

Appointed 19th April 2023 Appointed 19th April 2023

Committees

Human Resources and Remuneration Committee Mr R Richardson Mrs L Horner Mrs S Kothari Mrs A Parker

County Councillor P Buckley County Councillor S Smith

Bryan Jones

(Chair - Resigned 14th March 2023)

(Appointed Chair on 19th April 2023)

Resigned 20th April 2023 Resigned 21st March 2023 Appointed 19th April 2023

Audit and Finance Committee

Mr D Clarke (Chair) Mr K Masser (Vice Chair) County Councillor M Green

Ms Z Chikh

Key management personnel: Senior leadership team

Mr A Leather Mr S Oliver

Mrs S Walton

Mr M Stephenson Mrs B Kay MR P Blythin Mr D Wright Mrs J Moodie Ms C Ross Mrs S Walker

- Chief Executive - Director of Finance

- Director of Business (Resigned 9th September 2022)

- Operations Manager - Director of Operations

Director of Business Development (Appointed 28th Nov 2022)

COMPANY INFORMATION

Registered office 3 & 4 Farrington House

Lancashire Enterprise Business Park

Leyland Lancashire **PR26 6TW**

Bridgehouse Company Secretarial Limited **Company secretary**

Ms C Lovick - Appointed on 7th February 2023

Resigned 6th February 2023

Company number 06859894

Registered charity number 1159832

Auditor MHA Moore and Smalley

Chartered Accountants and Statutory Auditor

Richard House Winckley Square Preston PR1 3HP

DIRECTORS' AND TRUSTEES' REPORT

Active Lancashire Ltd is a charitable company limited by guarantee. The trustees, who are also the directors of the company, are pleased to present their annual report together with the financial statements of the charitable company for the year ended 31 March 2023. This report serves the purpose of both a directors' report under company law and trustees' report under charity law.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

Structure, governance and management

The charitable company is limited by guarantee, registered in England and does not have a share capital. It became a registered charity on 7 January 2015. It is governed under its Articles of Association which sets out its objectives.

Lancashire County Council, as the sole guarantor of the charitable company, is entitled to appoint up to a maximum of 25% of the total number of trustees. The charitable company has formally adopted a target that the representation of directors will be diverse and will, where possible have a minimum of 30% of each gender serving as trustees. The Board of Trustees meets to take decisions relating to every-day matters. Each trustee has one vote and decisions are made by numbers of votes at meetings of the trustees as necessary. The Financial Controls Manual authorises the Chief Executive and other employees to take decisions within approved limits.

In appointing new trustees and replacing trustees who have completed their term of office, the Board, supported by the Chief Executive, considers its skills and any gaps. The appointment of a new trustee is then ratified by Lancashire County Council. New trustees receive an induction pack and training in the role and responsibilities of a trustee.

The trustees have considered the major strategic, business and operational risks which the charitable company faces and systems have been established to support regular reporting of the steps taken to manage and mitigate these risks.

Pay policy for senior staff

The trustees consider that they, with the senior management team, direct, control, and operate the organisation on a day-to-day basis. All trustees give of their time freely and none received remuneration in the year. Details of trustees' expenses and related party transactions are disclosed in the notes to the accounts.

The pay of the senior staff is based on National Joint Council pay scales with the Chief Executive on an individual pay scale benchmarked against other voluntary sector executive salary levels. The senior staff are reviewed annually through an appraisal process and incremental increases on the relevant pay scale awarded based on satisfactory performance. The Chief Executive receives an annual appraisal by the Chair of the Board who reports accordingly to the HR & Remuneration Committee of the Board and can recommend an incremental rise on the Chief Executive's pay scale.

Objects and activities of the Charitable Company

Active Lancashire is the leading sport and physical activity charity which supports the Lancashire sub region. Our aim is to increase and sustain participation in, and widen access to, sport and physical activity across the county with particular focus on reducing inequalities and improving opportunities. As the Active Partnership for Lancashire, we are an integral part of the Government's drive to increase levels of movement and engagement in physical activity and sport across England in line with Sport England's "Uniting the Movement" strategy: we are the key bridge between local and regional networks and as such work closely with the Lancashire Sport England funded Place based pilot "TaAF" (Towards an Active future).

DIRECTORS' AND TRUSTEES' REPORT (continued)

Our Strategy and vision for 2021-31 "#ADecadeOfMovement", is to create and embed a culture of health and wellbeing for everyone, through enabling individuals, empowering communities, and encouraging a whole-system approach. Our mission is to work in partnership to tackle inequalities and help people enjoy active lives.

We are committed to increasing participation in Lancashire's communities, particularly those facing inequalities and disadvantage where typically only half of adults are active, particularly in deprived areas.

To deliver our strategy we will continue to engage with and develop the quality of provision within the county's clubs, coaches and volunteer infrastructure, alongside Charitable and Public service organisations, which provide the core of the grassroots participation and sporting offer in our communities. The majority of this provision takes place within the voluntary sector, alongside schools, further and higher education institutions and local authorities. Lancashire has a long and successful grassroots offer but needs longer term investment and development, and Active Lancashire is well placed to support this

Our team

As a team, we have a set of values, which we work to and promote through our activities and our behaviour, our culture and our use of resources:

- Working Together
- Everyone Counts
- Forward Thinking
- Influencing Change
- People First
- Passion

Our staff are appraised annually about their commitment to live our organisational values and deliver the strategy of Active Lancashire.

Partnership activity

We are committed to providing strong and consistent leadership to our Place based and thematic partnership networks, enabling them to develop the quality and sustainability of their provision at a cluster and neighbourhood level. We are committed to enabling our partners to deliver high quality local provision and to securing the opportunities and resources that enable them to contribute effectively to supporting our strategy. We continue to develop and innovate in the scope and scale of our partnership activity and to maintain a focus on sport and physical activity, tackling inequalities and improving outcomes, particularly for disadvantaged groups, which reflects our strategic and charitable aims.

Our current portfolio of work includes:

Business Health Matters

We are in year two of our Workplace health pilot, working with business partners and networks including Chambers of Commerce to identify opportunities for our sport and leisure networks to improve the health and wellbeing of our working age population with the aim of improving business productivity. This development work has been in part supported by a grant from UK Research and Investment (UKRI) as part of the National Industrial Strategy Trailblazer programme (Healthy Ageing Challenge). Through this initial investment we have been able to co-develop with our collaborative partners UCLAN, Lancashire MIND and UK Active a business model which we are testing with Lancashire employers to establish the contribution of health checks and social prescribing to support business productivity. In addition to the funding for Healthchecks, we have secured further investment from European Structural and Investment Funds (ESIF) which has allowed us to develop and test a "Workplace health Champion" training course for employers at Levels 2 and 3. This training will enable businesses to be able to access opportunities to improve employee health and wellbeing, with associated improvements in productivity for their businesses.

DIRECTORS' AND TRUSTEES' REPORT (continued)

This work is a key contributor to the Levelling Up Government priorities: Mission seven: to reduce healthy life expectancy inequalities by 2030 and also is contributing to the emerging Lancashire 2050 devolution priority theme of improving the health and productivity of the working age population in the County. Further details of our workplace health offer can be found at www.businesshealthmatters.co.uk

Services to clubs, coaches and volunteers

Research evidence indicates that a quality experience of sport, combined with positive and motivational support helps people get into active lifestyles, sport and helps maintain their participation. Active Lancashire focuses on supporting our workforce, including coaches and volunteers, and organisations such as sports clubs and community centres to provide a quality offer, which is inclusive and reflects the needs of our communities. Active Lancashire support over 1800 training place opportunities annually in coaching, safeguarding young people and adults, first aid, Mental health first aid, Trauma Informed Practice, club development funding and how

to support individuals with additional needs including mental health challenges. Specific support for coach

development across all sports can be found at www.<u>coachinglancashire.org.uk</u> and coaches at all levels can register for up-to-date information and training dates.

Schools and the SPAR Lancashire School Games

We continue to grow and support our primary, secondary and specialist schools with their support to their pupils, families and local residents. During 2022, we returned to our full range of County wide School Games challenges and festivals, which took place over the 2022 and 2023 Academic year, engaging over 8,000 young people in inclusive and mixed abilities activities and sporting challenges. We continue to be supported by our long-term sponsor (since 2006) and supporter James Hall (SPAR Ltd) which enables the project to reach more young people from disadvantaged backgrounds. We have also during the past year increased our partnerships with Schools and the contributions they make to their communities; this work includes our role and financial contributions made available through the Sport England Opening School facilities funding to remove barriers and support good practice which enables school facilities indoor and outdoor to be available to support community activity both commercially and through voluntary activity.

More Positive Together and MPT STEPS

More Positive Together (MPT) started in April 2017 and is an employability and skills project funded by ESIF through which we work in partnership with organisations including local authorities, housing associations, the Prince's Trust, Groundwork and Lancashire Wildlife Trust. This project aims to encourage people in disadvantaged areas and communities to engage in sporting and practical activities to reach their potential and make a positive contribution to their local communities and economy. We have recently secured a third phase of funding extending the project to December 2023 and enabling us to provide a modified project offer (MPT steps) to young people experiencing workless with less complex need. The project has engaged over 5,000 beneficiaries (Jan 2023) and is ahead of its performance targets; supporting more people to enjoy good health and access employment and training opportunities. Planning is in place to enable the project to enter a transfer to local providers and local shut down phase as we enter the final 12 months of operational activity. Active Lancashire is looking at options to sustain the provision of local activity through UK Shared Prosperity Funding (UKSPF) which is a key area of focus for our development work during 2022 and into 2023.

Cycle Recycle

As part of the More Positive Together project and with funding from Lancashire County Council this cycling engagement programme trains cycle repair workshop leaders and others to maintain donated cycles. Its activities include cycle recycling work-shops, learn to ride sessions, road confidence sessions and guided rides. The project has to date returned some 1800 cycles recovered from landfill to the road and provided training to over 300 young people to maintain their cycles and cycle confidently on our Lancashire roads.

Challenge through Sport Initiative

Our Challenge through Sport Initiative is a substance misuse recovery project for adults funded by Lancashire County Council and Pendle and Rossendale Borough Councils as well as the Community Rehabilitation Company.

DIRECTORS' AND TRUSTEES' REPORT (continued)

It enables us provide advice and guidance through support workers with lived experience, using sport and physical activity to enhance the recovery of adults with drug and alcohol problems. It has developed from its pilot and is now evolving to work with participants on Employment and Support Allowance to enhance their employability. The project, now in its eighth year of operation has supported over 8,000 beneficiaries to access a peer level recovery package of support. This initiative also operates a community hub and charity shop in Accrington, which provides meeting and training space as well as income for the project, a second Hub is planned for opening in 2023.

Children & Young People

Active Lancashire has continued to grow our portfolio of partners and projects supporting Children and Young People; this work is made possible through our Sport England Together Funding and also our relationship with TaAF. The focus of the work remains on developing the capacity and capability of our community based organisations to lead and sustain change for young people. Notable examples include our work with the Lancashire Madrassas, where we have worked with the local providers to develop an offering to young people to support activities (including Archery) which are recognised and supported for both girls and boys by the Muslim Faith and its teachings. Further examples include our work in Schools and Youth facilities to provide "Glow Fitness" sessions (UV Light and paints) which are targeted at enabling young people with body image and confidence issues to get active.

Pendle YES Hub

One of our big successes over the past 12 months has been our partnership project in Nelson Town Centre for Young People to overcome barriers to accessing support to engage in training and employment opportunities. This project with the DWP, Nelson Town Deal and the Steps project has seen us lead and manage a "Hub" facility for 16 to 24 year olds, where they can access support from ourselves to get active and engage in fun and confidence building activities, along with support from local providers including Mind, Pendle Action and the Job Centre. The project has been recognised nationally as hugely successful and was visited in October 2022 by the Director General of the DWP.

Rossendale Works

The project; a partnership between Rossendale Council, the DWP and Active Lancashire continues to grow, going from strength to strength. We have worked hard with Rossendale Council to secure the projects future for successive years, assisting the Authority with a Levelling Up application and securing a commitment to expand the project through UKSPF funding on a wider footprint with a larger team. The project has supported over 100 adults with complex needs into employment over the past 12 months and has supported many more through volunteering and development activity. The project was recognised in 2022 the Social Enterprise Lancashire Network (Selnet) Awards as the winner of Social Impact project of the year.

Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our objectives and activities and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the charitable company's aims and objectives.

Achievements during The Year

During the past year we have a number of significant achievements:

- Our leadership in championing the cause of the shared issues of poor health and poor economic outcomes being addressed through enabling physical activity has been recognised through a series of high visits and speaking opportunities including visits from the national DWP leadership team to our projects, European and national Health Network Conference events and a series of local awards for our staff and projects.
- Successful delivery of our 6th Year of ESIF Employment and Skills activity which will see our largest numbers of beneficiaries access and supported by our provision to address inequalities and improve life chances.

DIRECTORS' AND TRUSTEES' REPORT (continued)

 Development of our Social Impact measures which will be tested over the coming 12 months to understand our contribution to Lancashire's communities and will be used as a tool to articulate our contribution to Lancashire.

Financial review

The statement of financial activities for the year is set out on page 16. The charitable company's net expenditure before transfers and other recognised gains and losses was £60,866 (2022: £195,568). There are total reserves as at 31 March 2023 of £1,522,005 (2022 £1,121,139), of which £506,320 are unrestricted reserves, and £1,015,685 are restricted reserves.

The funding from Sport England to support the core infrastructure is maintained at £306,424 and is used to support Sport England's Primary Purpose requirements of working toward an active nation with a further £329,473 Sport England system Partner funding to support the leadership and engagement role with Children & Young People and Workforce Development.

Reserves policy

The trustees review the charitable company's requirements for reserves annually in the light of its main risks. The current policy is to hold sufficient unrestricted reserves to cover its statutory obligations in the event that it is wound up, being three months' staff costs, redundancy and the obligations associated with its office lease. The amount required as at 31 March 2023 was estimated to be £350,000 and this was met.

Plans for future periods

Through our #ADecadeofMovement Strategy and implementation plan we will continue to deliver and develop our collaborative work and partnership offer, working with Sport England, Local Authorities and Voluntary Sector organisations to utilise sport and physical activity to increase participation levels, reduce inactivity and support the health and wellbeing, social cohesion, and community development agenda.

We will continue to deliver the successful award of the last phase of ESIF funding until Dec 2023 (More Positive Together, MPT Steps, Business Health Matters). We are working with Local Authority colleagues to further develop these programmes into UK Shared Prosperity Fund applications, which will be available from Oct 2022 until March 2025. This opportunity will reshape the existing ESIF projects and enable future local flexibility where they are funded by the Local Authorities.

The organisation also intends to further develop its partnerships, research and evaluation of digital technology and its use and effectiveness in increasing activity in physical activity.

The organisation is working closely with the NHS networks and continuing to help develop strategies that include sport and physical activity, that support the health and wellbeing agendas, significant developments which we galvanise over the coming period include our Healthcheck enabled staff who form part of the NHS commissioned Health & Wellbeing Champions (HAWCs). We aim to further develop our Health & Wellbeing offer working with the Integrated Care Board and NHS provider (Hospital) Trusts to provide prevention and demand management activity through our physical activity and health improvement network. We are optimistic that the traction and experience gained from our CSI and BHM will enable us to develop and secure collaborative opportunities for our delivery networks which will allow us to improve health and deliver the aims of our Strategy.

Risk management

The organisation maintains a risk register that is reported to and discussed by trustees at each quarterly Board meeting and reviewed at regular Audit & Finance Committee meetings. This register reports on the predicted impact of the risk and actions required to mitigate the risks.

DIRECTORS' AND TRUSTEES' REPORT (continued)

The key risk faced by the organisation will crystalise over the coming 12 months as the future UKSPF funding is confirmed with Local Authorities from the Autumn of 2022. This funding will provide a 12-18 month stepping stone for our post ESIF projects (BHM, MPT and MPT Steps) as ESIF funding ends in December 2023. The funding is likely to see a 50% reduction in the current levels of funding and critically a reduction in the coverage and scale of the overall project footprints so that we will see a mosaic of provision rather than County coverage.

To mitigate this risk, we intend to bring forward a commercialisation plan to increase our focus on private sector and paid for income for our services; particularly BHM. This commercialisation was always planned for under the UKRI proposal, but is being further invested in, accelerated, and up scaled to transfer the learning and approach to the wider portfolio of Active Lancashire products and services. Our target date for a fully commercialised offer is December 2023.

Alongside the financial risk is the secondary key risk of key staff retention during this transition period. Two members of the Executive Team (Operations Director and Development Director) will leave in 2022/23; with planned interim and transition arrangements being made to bridge the gap until the medium-term financial position is clear (Post Dec 2023 / end of ESIF). This period will be a key concern for staff wishing to be retained by the organisation and for the organisation wishing to retain talented and valued staff that will maintain the momentum of the organisation. Our mitigation strategy for staff retention will be considered in the Quarter 3 review of our People Plan with proposals coming to Board in November 2022.

The key risks are perceived currently to be:

- The level of continuing core and project funding levels from Sport England and how this may develop under the new Department for Digital, Culture, Media and Sport and Sport England strategies. Whilst the organisation is very well positioned to deliver its new strategy, funding from Sport England is falling. Major variances from our core funding are not expected but any significant changes will impact the resource and capacity of the organisation and will be considered by the Audit and Finance Committee.
- Projects supporting the health, social and well-being agenda often involve working with vulnerable adults. The Children Safeguarding Policy has been extended to cover safeguarding of vulnerable adults and has been reviewed by the HR & Remuneration Committee, and a Board safeguarding lead has been appointed to support the executive team and particularly the officers with safeguarding responsibilities.
- The More Positive Together project funded by the European Social Fund is a significant part of the overall activity of the organisation. The end of the current funding agreement is approaching, though further funding has been made available.

Fundraising

We have considered the requirements of the Charities (Protection and Social Investment) Act 2016 regarding disclosures concerning fundraising and fundraising standards and confirm that these do not apply.

DIRECTORS' AND TRUSTEES' REPORT (continued)

Statement of trustees' responsibilities

The trustees (who are also directors of Active Lancashire Limited for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. In so far as the trustees are aware:

- there is no relevant audit information of which the auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Auditor

This report has been prepared in accordance with the provisions applicable to companies entitled to adopt the small companies' exemption.

This report was approved by the Board on 19/07/2023 and signed on its behalf.

Mr M B Cookson - Chair

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS

Opinion

We have audited the financial statements of Active Lancashire Limited ('charitable company') for the year ended 31 March 2023, which comprise Statement of Financial Activities, Balance Sheet, Cash Flow Statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023, and of
 group's incoming resources and application of resources, including its income and expenditure, for the
 year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's or parent charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS (continued)

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- · certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS (continued)

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 9, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and report in accordance with this Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Enquiries with management about any known or suspected instances of non-compliance with laws and regulations;
- Enquires with management about any known or suspected instances of fraud;
- Review of minutes of board meetings;
- Examination of journal entries and other adjustments to test for appropriateness and identify any instances of management override of controls;
- Review of legal and professional expenditure to identify any evidence of ongoing litigation or enquiries.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

We identified the following areas as those most likely to have a material impact on the financial statements: employment law, health and safety legislation, and compliance with the UK Companies Act.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS (continued)

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicola Mason (Senior Statutory Auditor)

For and on behalf of MHA Moore and Smalley

Chartered Accountants and Statutory Auditor

Richard House 9 Winckley Square Preston PR1 3HP

Date: 4/8/2023

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Income from:					
Donations and legacies Other trading activities Charitable activities Investments	3 4 5 6	13,040 - 384,427 482	14,000 77,666 6,368,630	27,040 77,666 6,753,057 482	15,500 91,594 5,062,328 22
Total income		397,949	6,460,296	6,858,245	5,169,444
Expenditure on:				The state of the s	
Raising funds Charitable activities	7 8	814,583	67,188 5,915,608	67,188 6,730,191	55,189 5,309,823
Total expenditure		814,583	5,982,796	6,797,379	5,365,012
Net (expenditure)/ income for the year		(416,634)	477,500	60,866	(195,568)
Transfers between funds		107,729	(107,729)	-	•
Net movement in funds before other recognised gains and losses		(308,905)	369,771	60,866	(195,568)
Actuarial gain/ (loss) in respect of defined benefit pension scheme Change in value of reimbursement asset	12 12	2,207,000 (1,867,000)	<u>-</u>	2,207,000 (1,867,000)	666,000 (331,000)
Net movement in funds		31,095	369,771	400,866	139,432
Reconciliation of funds: Total funds brought forward		475,225	645,914	1,121,139	981,707
Total funds carried forward		506,320	1,015,685	1,522,005	1,121,139

All of the above results are derived from activities which are continuing.

All gains and losses in the periods are included above.

BALANCE SHEET

AS AT 31 MARCH 2023

		Unrestricted Funds £	Restricted Funds £	Total funds 2023 £	Total funds 2022 £
Tangible fixed assets	13	6,806	18,603	25,409	29,392
Current assets Debtors Cash at bank and in hand	14	12,093 557,764	2,711,977 258,920	2,724,070 816,684	2,310,735 605,159
		569,857	2,970,897	3,540,754	2,915,894
Creditors: amounts falling due within one year	15	(70,343)	(1,973,815)	(2,044,158)	(1,824,147)
Net current assets		499,514	997,082	1,496,596	1,091,747
Total assets less current liabilities		506,320	1,015,685	1,522,005	1,121,139
Net assets excluding pension liability Defined benefit pension scheme liability Reimbursement of pension scheme liability	12 12	506,320	1,015,685 - 	1,522,005 - -	1,121,139 (1,761,000) 1,761,000
Net assets including pension liability		506,320	1,015,685	1,522,005	1,121,139
Represented by: Total funds	16	506,320	1,015,685	1,522,005	1,121,139

These financial statements have been prepared in accordance with the provisions applicable to companies entitled to the small companies' regime.

These accounts were approved by the Board and authorised for issue on 1910712023...... and are signed on their behalf by:

Mr M B Cookson - Chair

Company No: 06859894

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

		2023 Total £	2022 Total £
Cash generated by/ (used in) operating activities	(a)	229,013	(66,483)
Cash flows from investing activities Investment income Purchase of tangible fixed assets	6 13	482 (17,970)	22 (37,376)
Cash used in investing activities		(17,488)	(37,354)
Increase/ (decrease) in cash and cash equivalents in the year		211,525	(103,837)
Cash and cash equivalents at the beginning of the year		605,159	708,996
Cash and cash equivalents at the end of the year		816,684	605,159
(a) Reconciliation of net movement in funds to net cash flow from operating activities			
Net movement in funds Investment income received Depreciation Increase/ (decrease) in debtors (Increase)/ decrease in creditors	6 13 14 15	400,866 (482) 21,953 (413,335) 220,011	139,432 (22) 12,671 (1,329,604) 1,111,040
Net cash generated by/ (used in) operating activities		229,013	(66,483)
		######################################	

Of the cash and cash equivalents at the end of the year, £557,764 relates to unrestricted funds (2022: £600,369) and £258,920 relates to restricted funds (2022: £4,790).

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice. The financial statements have been prepared under the historical cost convention.

Active Lancashire Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Going concern

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charitable company to continue as a going concern. The trustees have considered, the impact of the cost of living crisis, and the effects of funding changes in relation to post-brexit changes, and make this assessment in respect of a period of at least one year from the date of authorisation for issue of the financial statements and have concluded that there are adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charitable company ability to continue as a going concern, thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

Income

Income is recognised when the charitable company has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable company and which have not been designated for other purposes. Designated funds are set aside by the trustees out of unrestricted general funds for specific purposes or projects.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Detailed analyses of the expenditure, including irrecoverable VAT, are provided in the notes to the accounts.

Operating leases

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the SOFA on a straight line basis over the period of the lease.

Fixed assets and depreciation

Fixed assets greater than £250 are included at cost. Depreciation is provided on all tangible fixed assets calculated to write off the cost over its expected useful life as follows:

Equipment - 33.3% on cost

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where there is a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pension costs

The company operates a defined benefit pension scheme for employees. The assets of the scheme are held separately from those of the charitable company. Contributions payable by the charitable company during the year are included within wages and salaries. Any additional current service costs and finance costs over the contributions payable are included separately within costs of charitable activities as an exceptional item. Actuarial gains and losses are recognised immediately.

Although this does not meet the presentational requirements of FRS 102, the trustees believe this provides a better understanding of the impact on the result for the year than accounting for pension costs under FRS 102.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (continued)

Pension costs (continued)

Pension scheme assets are valued at fair value at the balance sheet date. Fair value is based on market price information and in the case of quoted securities is the published bid price. Pension scheme liabilities are measured on an actuarial basis using the projected unit method and are discounted to their present value using a rate equivalent to the current rate of return on a high quality corporate bond of equivalent currency and term to the scheme liabilities. Pension scheme deficits are recognised in full on the balance sheet.

Lancashire County Council has provided an indemnity to the trustees of the pension scheme guaranteeing that the scheme will not suffer any loss or damage as a result of the charitable company participation in the scheme. The intention of this guarantee is that, should the charitable company cease in operational existence and the pension deficit crystallise, this liability would be met by Lancashire County Council under the guarantee. A corresponding reimbursement of the pension scheme deficit is included in the charitable company's balance sheet and has been deducted from the pension scheme deficit to show an overall neutral position in order to present a true and fair view. Whilst the charitable company continues as a going concern it will make deficit contributions if these are required and it is able to pay them, but no liability is recognised in the charitable company's balance sheet in respect of such payments.

Changes in the value of the reimbursement asset are included in the Statement of Financial Activities.

Taxation

As a registered charity, the company is exempt from taxation on its income and gains, provided they are used for its charitable purposes.

Judgements and key sources of estimation uncertainty

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The present value of the defined benefit liability depends on a number of factors that are determined on an actuarial basis using a variety of assumptions. Any changes in these assumptions, which are disclosed in note 12, will impact the carrying amount of the pension liability.

The trustees do not believe that there are any other estimates and assumptions which have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

2 Company status

The charitable company is a company limited by guarantee and became a registered charity on 7 January 2015. The sole member of the company is Lancashire County Council and in the event of the company being wound up, the liability in respect of the guarantee is limited to £1.

3 Income from donations and legacies

	Sponsorship income	Unrestricted funds £ 13,040	Restricted funds £ 14,000	2023 Total £ 27,040	2022 Total £ 15,500
	<u>Prior year</u>	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
	Sponsorship income	-	15,500	15,500	11,229
4	Other trading activities				
		Unrestricted funds	Restricted funds	2023 Total	2022 Total
		£	£	£	£
	Accrington Hub	-	72,520	72,520	84,947
	Other Project Funding		5,146	5,146	6,647
		-	77,666	77,666	91,594

Of the other trading income for the prior year, £91,594 relates to restricted Income and £nil unrestricted income.

5 Income from charitable activities

	Unrestricted	Restricted	2023	2022
	funds	funds	Total	Total
	£	£	£	£
Sport England Funding ESIF Funding ISCF Funding Other Project Funding Local Authority Funding Course Fees	306,424 - 8,539 49,500 19,964 384,427	602,959 4,511,218 329,439 666,428 258,586 - 6,368,630	909,383 4,511,218 329,439 674,967 308,086 19,964 6,753,057	1,202,958 2,964,542 255,374 341,515 273,960 23,979 5,062,328

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

5	Income from charitable activities (continu	ed)			
		Un	restricted	Restricted	2022
	Prior year		funds	funds	Total
	•		£	£	£
	Sport England Funding		306,424	896,534	1,202,958
	ESIF Funding		-	2,964,542	2,946,542
	ISCF Funding		-	255,374	255,374
	Other Project Funding		16,096	325,419	341,515
	Local Authority Funding		34,000	239,960	273,960
	Course Fees		23,979	**	23,979
			380,499	4,681,829	5,062,328
		<u>pertandan</u>	:		
6	Investment income				
		Unrestricted	Restricted	2023	2022
		funds	funds	Total	Total
		£	£	£	£
	Bank interest	482		482	22
	The total of £22 in the previous year was all	unrestricted income	€.		
7	Costs of raising funds				
				2023	2022
				Total	Total
				£	£
	Wages and salaries			42,924	24,144
	Premises and office costs			6,196	5,551
	Rent and rates			7,560	3,950
	Depreciation			1,220	1,020
	Staff training			1,614	1,807
	Travel expenses			378	1,704
	Project delivery costs			5,705	10,393
	Research, marketing & promotion			1,591	6,620
				67,188	55,189

All costs of raising funds were attributable to restricted funds.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

Analysis of expenditure on charitable activities		
	2023	2022
	Total	Total
	£	£
Direct costs		
Wages and salaries	2,050,430	1,675,062
Premises and office costs	51,703	55,395
Rent and rates	26,890	25,727
Depreciation	20,733	11,651
Staff training	38,350	24,857
Travel expenses	48,059	23,197
Project delivery costs	3,867,963	2,963,665
Research, marketing & promotion	228,627	140,617
Exceptional pension adjustment (note 13)	340,000	335,000
Governance costs	57,436	54,652
	6,730,191	5,309,823

All of the above expenditure is directly attributable to the promotion of sport.

Expenditure on charitable activities was £6,730,191 (2022: £5,309,823) of which £814,583 was unrestricted (2022: £818,271) and £5,915,608 was restricted (2022: £4,491,552).

Analysis of expenditure on charitable activities (continued)

Governance costs

	2023	2022
	Total	Total
	£	£
Audit and accountancy	10,200	7,440
Legal and professional fees	47,236	47,212
	57,436	54,652

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

Net income/ (expenditure) for the year		
	2023	2022
	£	£
This is stated after charging:		
Auditor's fees (exclusive of VAT)	6,200	5,150
Depreciation of owned fixed assets	12,671	2,950
Operating lease rentals	14,745	14,745
Analysis of staff costs, trustee remuneration and expens personnel	es, and the cost of key n	nanagement
F • • • • • • • • • • • • • • • • • • •	2023	2022
	£	£
Salaries	1,670,588	1,397,963
National Insurance	171,405	129,312
		171,931
Pensions	227,380	171,551
Pensions	<u>227,380</u> 2,069,373	1,699,206
Pensions The number of employees whose remuneration for the year exceptions.	2,069,373	
	2,069,373 ———————————————————————————————————	1,699,206
	2,069,373	
	2,069,373 ———————————————————————————————————	1,699,206

Of the employees whose remuneration exceeded £60,000, there is one employee (2022: one) accruing benefits under defined benefit pension schemes.

The trustees were not paid and did not receive any other benefits from employment with the charitable company in the year (2022: £nil). Trustees were reimbursed out of pocket expenses during the year, totalling £6 (2022: £nil). No trustee received payment for professional or other services supplied to the charitable company (2022: £nil).

The key management personnel comprise the trustees, the Chief Executive, the Director of Business, the Operations Managers, the Director of Operations and the Director of Finance. The total employee benefits of the key management personnel, including National Insurance and pension contributions, were £583,671 (2022: £539,842)

10 Staff numbers

2023 No	2022 No
The average number of employees during the year was as follows: 59	57
The average number of full time equivalent	
employees during the year was as follows: 52	48

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

11 Related party transactions

During the year, the charitable company received funding of £30,800 (2022: £35,000) from Lancashire County Council, and paid £nil (2022: £3,905) to Lancashire County Council for the use of conference facilities and other services.

Directors C G Standish and S Burnett hold management positions at Regenda Homes and West Lancashire Borough Council respectively: both organisations are partners in the More Positive Together project. During the year amounts totalling £1,266 (2022: £52,359) were payable to Regenda Homes, of which £57,334 (2022: £56,122) was in relation to this project.

All project-related payments were at arm's length and the same processes and checks were applied prior to the payments as for any other organisation.

At the year end the charitable company owed £nil and £nil to Regenda Homes and West Lancashire Borough Council respectively (2022: £nil and £3,506). There were no other outstanding balances with related parties as at 31 March 2023 (2022: £nil).

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

12 Pension scheme

On 1 April 2010 the charitable company was admitted into a multi-employer defined benefit scheme, operated through Lancashire County Council. The assets of the scheme are administered by trustees in a fund independent from the charitable company.

FRS 102 Section 28 Employee Benefits requires the use of actuarial techniques to assess the present value of future pension liabilities. In accordance with FRS 102, the charge for the scheme has been calculated on the sum of the cost of benefits accruing in the year, the increase in the value of benefits already accrued and the expected return on net assets. The charitable company's contribution to the scheme during the year amounted to 10.4% of pensionable salaries and its expected contribution to the scheme for the year ending 31 March 2022 is £220,000. At the year-end £25,781 (2022: £22,450) was owed to the scheme in respect of contributions.

Lancashire County Council guarantees any pension scheme deficit crystallising if the charitable company is wound up or leaves the scheme. The deficit has reduced by £1,867,000 in the year and a decrease of £1,867,000 in the corresponding reimbursement asset has therefore also been recognised. An analysis of the movements in the deficit during the year is shown below:

	2023 £	2022 £
At 1 April Total operating charge: current service cost Total operating charge: part service cost Total other finance costs: interest costs Actuarial gain/ (loss) Employer contributions (less admin expenses)	(1,761,000) (515,000) - (45,000) 2,207,000 222,000	(2,092,000) (450,000) - (44,000) 666,000 159,000
At 31 March	106,000	(1,761,000)

Analysis of the amount recognised as the actuarial gain/ (loss) in the statement of financial activities:

	2023 £	2022 £
Difference between expected and actual return on assets	2,207,000	666,000
Actuarial gains/ (losses)	2,207,000	666,000

Analysis of the amount recognised as an exceptional item within the expenditure on charitable activities in the statement of financial activities:

	2023 £	2022 £
Total operating charge: current service cost Total other finance costs: interest costs Employer contributions (less admin expenses)	(515,000) (45,000) 220,000	(450,000) (44,000) 159,000
At 31 March	(340,000)	(335,000)

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

12	Pension	scheme	(continued)
1 64	1 01131011	301101110	(COMMINGU)

The amounts included in the balance sheet arising from obligations in respect of defined benefit pension plans are as follows:

> 2023 2022 £ £

Fair value of plan assets 3,798,000 3,316,000 Present value of defined benefit obligations (3,692,000) (5,077,000)

Surplus in scheme (1,761,000) 106,000

This surplus has not been recognised as a financial asset as it is deemed to not be recoverable

An analysis of the movement in the present value of defined benefit obligations:

2023 £

At 1 April 2022 (5,077,000)Current service cost (515,000)Past service cost Benefits paid (14,000)

Actuarial gains/ (losses) 2155,000 Contributions from scheme members (98,000)Interest cost (143,000)

At 31 March 2023 (3,692,000)

An analysis of the movement in the fair value of plan assets:

2023

£

At 1 April 2022 3,316,000 Interest income 98,000 Return on plan assets 52,000 Benefits paid 14,000 Contributions by the employer (less admin expenses) 220,000 Contributions from scheme members 98,000

At 31 March 2023 3,798,000

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NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

12 Pension scheme (continued)

The fair value of plan assets at the reporting period end was as follows:

	2023 £	2022 £
Equities Government & other bonds Property Cash/ liquidity Other	4,000 8,000 57,000 30,000 3,699,000	3,000 27,000 53,000 83,000 3,150,000
	3,798,000	3,316,000
The principal assumptions used for the actuarial valuation were:	2023 %	2022 %
Rate of increase in salaries Rate of increase in pensions in payment Discount rate Inflation assumption	4.2 2.8 4.7 2.7	4.6 3.2 2.8 3.1
Mortality assumptions The assumed life expectations on retirement at age 65 are:	2023 Years	2022 Years
Retiring today - Males - Females	21.5 23.8	22.3 25.0
Retiring in 20 years - Males - Females	22.8 25.6	23.7 26.8

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

13 Tangible fixed assets		
		Equipment £
Cost At 1 April 2022 Additions Disposals At 31 March 2023		59,028 17,971
Depreciation At 1 April 2022 Charge for the year Eliminated on disposals		29,636 21,953
At 31 March 2023		51,589
Net book value At 31 March 2023		25,409
At 31 March 2022		29,392
14 Debtors: Amounts falling due within one year	2023 £	2022 £
Trade debtors Prepayments and accrued income	8,467 2,715,604	471,977 1,838,758
	2,724,070	2,310,735
15 Creditors: Amounts falling due within one year		
	2023 £	2022 £
Trade creditors PAYE and social security Other creditors Accruals and deferred income	116,562 50,975 30,337 1,846,284	115,167 97,531 27,104 1,584,345
	2,044,158	1,824,147

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

Accruals and deferred income includes deferred income as shown below.

	2023 £	2022 £
Balance as at 1 April 2023 Amounts written back from income earned from charitable activities	366,468 (366,468)	1,500 (1,500)
Amount deferred in year		366,468
Balance as at 31 March 2023	-	366,468

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

1	6	F١	ın	ds

Lunus					
	Fund balances at 1 April 2022	Income received this year	Expenditure	Transfers between funds	Fund balances at 31 March 2023
	£	£	£	£	£
Restricted funds					
Workforce Development	3,807	42,500	(30,516)	(6,055)	9,736
Tackling Inequalities Funding	44,030	208,000	(161,333)	_	90,697
ESIF 2.1 Business Health Matters	40,080	1,475,316	(1,456,707)	(14,420)	44,268
Hub / Charity Shop Accrington	69,546	74,571	(67,441)	`(9,837)	66,839
Core 20 Community Connections	· _	65,523	(59,096)	(6,427)	· -
Rossendale Youth Works	15,730	36,472	(40,575)	(509)	11,118
FAM Big Local Grant	-	1,956	(1,598)	(358)	-
Regional Social Prescribing	6,556	21,946	(22,689)	` -	5,814
Pendle New Town	21,601	111,890	(102,994)	(7,434)	23,063
LCC Healthy Weight Service	_	10,000	-	(10,000)	·
NHS Health Screening Care	-	300,000	(37,442)	(15,000)	247,558
Iceland Unit	-	8,445	(4,819)	4,764	8,390
United Together	27,125	9,828	(21,161)	14,001	29,793
School Games – Capacity	81	25,000	(25,068)	_	13
School Games – Delivery	32,939	34,857	(42,331)	_	25,464
Office for Health Improvement &					
disparities	-	28,768	(15,753)	(8,329)	4,686
Youth Justice in Sport	-	19,894	(13,439)	(6,364)	91
Insight	33,370	-	(19,710)	23,450	37,110
Communications & Marketing	10,475	-	(22,855)	39,980	26,600
Challenge Through Sport	52,193	7,868	(12,167)	(16,186)	31,708
Sports Leaders	3,427	-		(3,427)	<u>-</u>
More Positive Together	22,628	830,734	(712,834)	(83,158)	57,369
Active Lives Survey	3,881	20,150	(17,238)	(1,500)	5,294
BHM Sales & Marketing	4,787	-	(38,231)	33,500	56
Workforce Development Innov	6,836	-	(1,421)	(750)	4,665
Opening Up Schools Facilities	-	33,510	(30,948)	(3,300)	(738)
Healthly Ageing Trailblazer	-	361,727	(598,282)	236,555	-
Rossendale Works	22,538	78,678	(70,663)	(5,345)	25,208
StreetGames Holiday Activities	75 405	004.050	(470.047)	(70.740)	44 474
Children & Young People	75,405	221,853	(179,047)	(76,740)	41,471
Blackburn Public Health CSI	20,529 11,100	31,973	(20,384)	(2,907)	29,211
Commonwealth Games National	,	2 244 420	(8,950) (2,037,026)	(2,150)	62 572
MPT Steps	36,790	2,211,120	• • • •	(148,311) (7,965)	62,573
Smoking Cessation Project Moving Communities Fund	52,600	51,729	(40,915)	(7,905)	55,449
Make Every Contact Count	10,000	40,000	(8,487)	(15,000)	26,513
Children and Young People	10,000	40,000	(0,407)	(15,000)	20,010
Innovation	17,800	17,880	_	628	36,308
Substance Misuse Project	60	78,110	(60,767)	(8,136)	9,358
Substance Misuse Project				(0, 100)	
Total restricted funds	645,914	6,460,297	(5,982,796)	(107,729)	1,015,685
Unrestricted funds	475,225	397,949	(474,582)	107,729	506,321
Total funds	1,121,139	6,858,246	(6,457,378)	-	1,522,005

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

Prior year	Fund balances at 1 April 2021	Income received this year	Expenditure	Transfers between funds	Fund balances at 31 March
	£	£	£	£	2022 £
Restricted funds					
Workforce Development	1,592	42,500	(34,285)	(6,000)	3,807
Tackling Inequalities Funding	52,258	132,000	(146,228)	6,000	44,030
ESIF 2.1 Business Health Matters	39,829	1,158,339	(1,128,620)	(29,468)	40,080
Hub / Charity Shop Accrington	37,991	91,594	(55,188)	(4,851)	69,546
Youth Homelessness Project	19,471	56,778	(69,822)	(6,427)	-
Rossendale Youth Works	11,361	47,170	(34,942)	(7,859)	15,730
Digital MarComms	10,148	-	(14,533)	7,571	3,186
Regional Social Prescribing	5,965	23,389	(22,798)	-	6,556
Pendle Project New 2021	722	123,351	(100,971)	(1,501)	21,601
LCC Healthy Weight Service	-	10,000	-	(10,000)	-
Club Link Makers – Capacity	154	-	-	(154)	-
Club Link Makers – Delivery	94,206	-	-	(94,206)	_
Positive Futures	20,320	41,878	(33,573)	(1500)	27,125
School Games – Capacity	9	25,000	(24,928)	` -	81
School Games – Delivery	20,928	35,700	(23,689)	-	32,939
Primary School Funding	11,691		-	(11,691)	
Volunteer Coaching	5,301	-	(4,856)	(445)	-
Insight	11,299	4,375	(7,353)	25,049	33,370
Communications & Marketing	6,017	1,058	(13,036)	13,250	7,289
Get Healthy Get Active	36,599	18,225	(17,130)	14,499	52,193
Sports Leaders	3,687	· _	(260)	, -	3,427
More Positive Together	86,210	1,344,835	(1,268,077)	(140,340)	22,628
Active Lives Survey	7,059	20,150	(22,328)	` (1,000)	3,881
BHM Sales & Marketing	, <u>-</u>	250	(40,463)	45,00Ó	4,787
Workforce Development Innov	6,936	500	(600)	, <u>-</u>	6,836
Opening Up Schools Facilities	, <u> </u>	338,495	(337,435)	(1,060)	
VCFS Chair	448	17,579	(17,605)	(422)	_
Healthly Ageing Trailblazer	_	259,984	(314,269)	54,285	_
Rossendale Works	15,187	73,728	(63,604)	(2,773)	22,538
StreetGames Holiday Activities	-	9,600	(6,402)	(3,198)	,
Children & Young People	_	221,853	(201,589)	55,141	75,405
Blackburn Public Health CSI	_	31,973	(8,537)	(2,907)	20,529
Commonwealth Games National		53,500	(42,400)	-	11,100
MPT Steps	_	461,483	(411,637)	(13,056)	36,790
Smoking Cessation Project	_	56,528	(3,928)	-	52,600
Moving Communities Fund	_	8,108	(8,108)	-	-
Make Every Contact Count	_	10,000	(0,.00)	_	10,000
Children and Young People		.0,000			.0,000
Innovation	17,800	_	_	_	17,800
Substance Misuse Project	4,447	69,000	(67,547)	(5,840)	60
Total restricted funds	527,635	4,788,923	(4,546,741)	(123,903)	645,914
Unrestricted funds	454,072	380,521	(483,271)	123,903	475,225
Total funds	981,707	5,169,444	(5,030,012)	-	1,121,139

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

16 Funds (continued)

Purpose of the restricted funds

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or by the terms of an appeal for particular projects. Notes:

- Workforce Development Sport England project that supports Workforce Development
- Club Link Makers Capacity (Project has now ended) Sport England project to pay for the resources and salary of the Club Link Maker post. Now amalgamated into the Children & Young Peoples project fund.
- Club Link Makers Delivery (Project has now ended) Sport England project to pay for the
 delivery of the Satellite Clubs project to start up and sustain new clubs. Now amalgamated into the
 Children & Young Peoples project fund.
- Positive Together Project funded by various partners providing resource and other capacity to
 work with offenders to engage in sporting and practical activities to reach their potential and make a
 positive contribution to their local communities and reduce the risk of reoffending. This reflects that
 the funds are being used as match funding for the More Positive Together project.
- **School Games Capacity** Sport England project to contribute to the salary costs of the project officer responsibility for organising the school games event.
- School Games Delivery Sport England project and sponsorship to pay for the resources, promotion and delivery of the School Games Events.
- Primary School Funding (Project has now ended)— Sport England funded project to strengthen
 the links between primary schools and those organisations working in sport locally and nationally
 and help make effective use of the funding and support. Now amalgamated into the Children &
 Young Peoples project fund.
- **Volunteer Coaching** (*Project has now ended*)— Sport England funded project. Volunteer Leadership and Coaching Bursary to support volunteers at Level 2 of the School Games.
- Insight Research and Insight budget supporting the training and research projects of the Research & Insight officer and contributes towards student assistants for research projects. Funded by commissioned work for partners and projects.
- Communications & Marketing The fund represents the marketing and communications elements of a number of projects. Marketing budgets have been pooled from across a number of projects to pay for marketing and communication and its activities with promotional products, training, equipment and research. Bringing together these allocated funds allows for transparency of spend and efficiency of resources. Transfers have therefore been made from various other restricted funds to reflect this.
- Challenge Through Sport Challenge through Sport Initiative (CSI) project, funded and supported
 by various partners to pay for support workers and project manager and activities to use sport and
 physical activity to enhance recovery of adults with drug, alcohol and other dependency problems.
- Regional Social Prescribing The purpose of the Regional Social Prescribing funding is to
 provide a resource (in the form of a staff member) to work with partners across the North West
 region relating to the promotion and inclusion of physical activity in social prescribing activity taking
 place. Specifically, the project aims to ensure that physical activity is embedded as a key part of
 social prescribing programmes and work across the North West.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

16 Funds (continued)

- Sports Leaders Themed project to develop volunteering support and engagement.
- More Positive Together European funding (ESIF) targeting IMD areas in Lancashire hardest to reach inactive/ unemployed, help towards employment.
- Active Lives Survey Sport England funding to facilitate a new school-based Active Lives Survey for Children and Young People to measure participation in sport and physical activity among children in school years 1 to 11.
- Children and Young People Innovation Support the innovation and administration of satellite clubs.
- CSI North & Central Substance Misuse Project This is part of the Challenge Through Sport Initiative work funded by CGL engaging people in physical activities and referring into other support services.
- Digital Maturity Voluntary Sector Research (Project has now ended)— These funds were provided to conduct a piece of research work into the digital maturity and social prescribing readiness of Voluntary, Community, Faith and Social Enterprise sector organisations across Lancashire and South Cumbria. The work involved a large scale survey, focus groups and the production of a final report for Healthier Lancashire and South Cumbria.
- Healthy Ageing Trailblazer (Project has now ended)— The purpose of these funds is related to the
 Healthy Ageing Industrial Strategy Challenge Fund Competition. Initial funding from UCLan was
 provided to secure consultancy support for the submission of a stage 1 application, including
 drafting of the application form and preparation sessions for the formal interview which was part of
 the application process.
- ISCF Business Health Matters The ISCF Business Health Matters project is an industrial research project, part funded by Innovate UK. The project involves 14 partners and the purpose is to test and develop health screenings and associated healthy lifestyle interventions in the workplace, which cover both physical and mental health and are delivered by staff from a leisure background. The projects main objective is to test and learn in order to develop a service, which can provide a range of workplace health offers to businesses across Lancashire. The project is also looking to ensure the service is commercially viable and can be delivered without the need of grant funding when the Innovate UK funding ends in March 2024.
- Core 24 connectors This is a partnership project with the NHS Innovation Agency and Vcfse
 partners from Blackpool. The aim is to collect the experiences and insights from people living in
 deprived areas and with long term conditions to better inform and design health and wellbeing
 services commissioned by the Lancashire and South Cumbria ICS.
- MECC Making Every Contact Count Many long-terms diseases in our population are closely linked to known behavioural risk factors. Around 40% of the UK's healthy life years lost are attributable to tobacco, hypertension, and alcohol, being overweight or being physically inactive. Making changes such as stopping smoking, improving diet, increasing physical activity, losing weight and reducing alcohol consumption can help people to reduce their risk of poor health significantly. Making every contact count (MECC) is an approach to behaviour change that utilises the millions of day to day interactions that organisations and people have with other people to encourage changes in behaviour that have a positive effect on the health and wellbeing of individuals, communities and populations.
- Street Games Holiday Activities fund (Project has now ended)- To provide additional capacity to support Street Games coordination of the coastal Holiday Activity Fund Programme in Summer 2021.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

16 Funds (continued)

- Rossendale Works CSI An employment project focussed purely on the Local Authority district of
 Rossendale. The Economic Development Team at Rossendale Borough Council provides funding
 to Active Lancashire to employ support workers who provide support for local businesses to engage
 new employees via trial work placements. These are supplemented by a range of positive
 engagement and training activities delivered locally.
- Opening Schools Facilities This is a Sport England funded programme which supports schools
 in any issues they have with making the best use of their facilities. The work involves researching
 the most common issues and providing a range of support to help schools maximise the use of their
 facilities. This could include help with business planning or staffing so that facilities can be used in
 the evenings/ weekends for example.
- Workforce Development Innovation Sport England funding to support our work in prisons and
 with Lancashire United the football trust consortium. The innovation is working to develop staff
 within the prison so that they can provide a wider range of activities; development for those in prison
 so that some of them can achieve basic qualifications before leaving prison and finally to develop
 Football Community Trust staff so that they are better equipped to engage with those in prison and
 when they come back into the community.
- Voluntary Sector Lead (Project has now ended)— Active Lancashire have agreed to provide
 administration which enables payments to be made to the Voluntary, Care, Faith and Social
 Enterprise (VCFS) Chair role on behalf of the wider voluntary sector in Lancashire using funding
 provided by the NHS in the county. We provide this service on a cost neutral basis to proceed wider
 benefit to the voluntary sector.
- Tackling Inequalities Funding The Tackling Inequalities Fund exists to reduce the negative impact of coronavirus and the widening inequalities in sport and physical activity. It focuses on under-represented groups, particularly Lower socio-economic groups; Black, Asian and Minority Ethnic communities; Disabled people and People with long-term health conditions. This National Lottery money will enable community groups to continue to exist and engage with their communities, with a view to keeping them active during both the lockdown and early recovery stages. The fund is designed to deal with the 'here and now' issues caused as a result of coronavirus and aims to support community organisations working with priority audiences so they have a future to plan for. In Lancashire we are identifying and supporting community groups who can reach out and support those with immediate need, and who may not be reached through traditional channels. They put together a short proposal regarding identified need, activities, costs and impact, which are assessed by Active Lancashire staff and submitted to Sport England for approval. Once approved we distribute 50% of the agreed funding and with good progress the second instalment is paid to the community group. They in turn provide feedback, information for case studies and shared learning.
- MPT STEPS MPT Steps is a Lancashire partnership project, funded by the European Social Fund (ESF) programme, which will aim to engage with over 4,000 job seekers who may have recently been made unemployed or those who are economically inactive living in Lancashire. The project, set to run until December 2023, will seek to address the issues faced by disadvantaged Lancashire communities in accessing or re-accessing the job market as a result of the Covid-19 Pandemic. It brings together various organisations from different sectors to share best practice and provide greater coverage across the county. MPT Steps will provide tailored 1-2-1 mentoring support to residents living in Lancashire, with the opportunity to engage in a range of activities which will help improve overall health and wellbeing.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

16 Funds (continued)

- ESIF 2.1 Business Health Matters This is a project designed to improve the skills of people in
 employment across Lancashire and help them retain employment. The project will provide basic
 skills, level 2 and level 3 qualifications to participants. These qualifications will be delivered by
 project partners and a big focus of the project will be the delivery of level 2 and level 3 Workplace
 Health Champion qualifications. Active Lancashire is the project lead.
- Rossendale Youth Works A project in Partnership with Rossendale Borough Council supporting
 the Economic Growth of the borough with a specific focus on Young People age 18-25. The project
 works with Local Businesses to provide work experience placements of 4 weeks to those
 participants who have been supported towards the labour market. Referrals come direct from the
 Local Job Centre Plus and all participants are supported with Health & Wellbeing by support
 officers.
- Pendle New Town Deal A project in Partnership with Pendle Borough Council to establish a
 Youth Employment Hub working alongside DWP Colleagues. Young People will be referred from
 the work coaches and supported in depth with a range of local opportunities and services that
 support Young People age 16-25 on that employment journey. The YES Hub has recently opened
 its doors on Scotland Road in Nelson working along Lancashire Adult Learning (Nelson Group) and
 a range of local delivery partners.
- LCC Healthy Weight Service The Healthy Weight Service is a service funded by Lancashire County Council and delivered by local authorities or leisure trusts in the 12 local authority areas of the county. The service provides support to people with a Body Mass Index of 30 to 39.9, to help them achieve sustained behaviour change and lose weight. Active Lancashire performs the monitoring function for the service.
- Moving Communities (Project has now ended)- Moving Communities is a data platform which
 provides insight on leisure facilities across Lancashire. The objective is to provide facility planning
 support to Leisure Trusts and Local Authorities driven through this data and encourage usage of the
 site to drive better quality insight.
- **FAM Big Local Grant** Resident led big local groups which aims to improve lives of those in Fishwick and St Matthews ward of Preston. The objective is to improve our placed based understanding through managing a physical and mental wellbeing project, by offering services to residents, working in partnership with other local organisations.
- Commonwealth Games Legacy fund School Games extension funding through Sport England
 to delivery commonwealth games inspired programmes, funding each School Games Officer as
 per Sports England agreements with central resource for targeted interventions and CPD
- Children & Young People Sport England funding aligned to the primary role, to have a strong understanding of young people (people and place), and work with local structures to develop and deliver positive experiences for young people (over 5) in order to increase the number of children and young people who have a positive attitude towards sport and physical activity. Working in local places should also support the priorities, in particular of tackling inequalities and reducing inactivity.
- Young People Forward (Project has now ended) -To use sport to improve the physical and mental health, self-efficacy and resilience of young people who are homeless or at risk of homelessness. Sport and activity will be used as a positive intervention to help address the challenges the young people face and improve their physical and mental wellbeing. Additional support will also be given to help some of the young embark on a journey out of homelessness. This approach will also benefit the community organisations to enhance their support offer to young people leading to sustained community provision.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

16 Funds (continued)

- Active Seconds The shop will build on the projects physical activity roots and will be selling second-hand goods to encourage people to begin their wellbeing journeys. Donations are received from local organisations and people in the community such as Bric-a-Brac, furniture, clothes, electrical items etc. All proceeds from the store will go directly back into the project itself, allowing for their team of support workers to continue carrying out life-changing initiatives for the benefit of Lancashire residents. The space at the back of the store will help support the delivery of the project, with a designated area to be used to carry out meetings, training and physical activity sessions.
- Blackburn Public Health Project The Crime Harm Reduction Project supports work on drug
 related crime reduction and drug related deaths. A joined-up approach to engage prisoners prerelease and immediately post release and provide support via The 180 Project (a community
 recovery programme in BwD aiming to turn recovering addicts and alcoholics into 'athletes' using an
 adapted CrossFit programme) and Active Lancashire (a bespoke behaviour change programme
 helping people improve their skills and employment prospects, build confidence and community
 integration to help prevent reoffending).
- Stop Smoking Project Is part of the Tobacco Control Programme helping people to stop smoking, prevent first time smokers, to reduce harm from tobacco and develop smoke free environments. We will liaise and work with GP's, pharmacy, health & social care, hospital and community services across the 4 primary care networks in Blackburn with Darwen. To promote the benefits of stopping smoking and the stop smoking services through a variety of interventions including brief assessment, advice, events and signposting to further support. This will include individual and group based interventions, signposting and referring to participating pharmacies delivering the Stop Smoking Service.
- EHSC NHS Health Screening Care Pulmonary Rehab Personalised Care Pathway Project The funding will be used to fund Health and Wellbeing Champions who will be used to support people with long term conditions to self-manage their health in a more proactive manner and signpost to physical activity and wellbeing support.
- EYJSF Youth Justice Sport Trust Fund The Ministry of Justice funding is invested in sports programmes to effectively deliver against criminal justice outcomes in the financial year to the end of March 2023. The programme will use sport to enhance positive outcomes for vulnerable young people in the context of youth crime. The funds will support voluntary and community sports organisations to carry out targeted work supporting children and young people who are at risk of entering the criminal justice system.
- OHID Office for Health Improvement & Disparities From Harm to Hope is a 10-year drugs strategy acting upon the recommendations of Dame Carol Black's Independent Drugs Review. The Department of Health and Social Care is providing additional funding to improve services across the country in line with the ambitions of the 2021 drug strategy which focuses on delivering three strategic priorities: Breaking drug supply chains, Delivering a world-class treatment and recovery system, Achieving a generational shift in demand for drugs. The strategy and subsequent funding to tackle drugs is designed to cut crime and reduce both the supply and demand for drugs by getting more people into treatment, breaking the cycle of crime driven by addiction and keeping drug-related violence out of neighbourhoods across the country. Lancashire has been recognised as an area of greatest need and has received funding through the Supplementary Substance Misuse Treatment and Recovery Grant (SSMTRG) 2022-2025 to improve the treatment offer in the county and to ensure that better access to treatment is fast tracked for the poorest and most vulnerable.

NOTES TO THE FINANCIAL STATEMENTS (continued)

FOR THE YEAR ENDED 31 MARCH 2023

17 Fund balances represented by

General Unrestricted Funds £'000	Designated Funds £'000	Restricted Funds £'000	Balance at 31 March 2023 £'000
6,806 569,857 (70,343)		18,603 2,970,897 (1,973,815)	25,409 3,540,754 (2,044,158)
506,320	-	1,015,685	1,522,005
General Unrestricted Funds £'000	Designated Funds £'000	Restricted Funds £'000	Balance at 31 March 2022 £'000
26,958 600,369 (152,102)	· ·	2,434 2,315,525 (1,672,045)	29,392 2,915,894 (1,824,147)
475,225	-	645,914	1,121,139
	Unrestricted Funds £'000 6,806 569,857 (70,343) 506,320 General Unrestricted Funds £'000 26,958 600,369 (152,102)	Unrestricted Funds £'000 6,806 - 569,857 - (70,343) - 506,320 - General Unrestricted Funds £'000 26,958 - 600,369 - (152,102) -	Unrestricted Funds £'000 £'000 6,806 - 18,603 569,857 - 2,970,897 (70,343) - (1,973,815) 506,320 - 1,015,685 General Unrestricted Funds £'000 E'000 £'000 26,958 - 2,434 600,369 - 2,315,525 (152,102) - (1,672,045)

18 Operating lease commitments

At the year end, the total of future minimum lease payments under non-cancellable operating leases was:

	2023 Land and buildings £	2023 Other £	2022 Land and buildings £	2022 Other £
Amounts due within one year	14,200	244	13,372	-
Amounts due between one and five years	15,060		29,260	
	29,261	-	42,632	-

