

Together an Active Future



Total population
(from 2021
census)
111,946

Adults
89,848

0-19 years
22,098

Wyre

Health & Well-being Infograph 2024-2025



Active
Lancashire



Lancashire
Healthier Places



Every **42** deaths per
100,000 are linked to
alcohol consumption.



Smoking
13% of adults
smoke.



Overweight & Obesity
67% of adults, **24%** of children
aged 4-5 years and **33%** of
children aged 10-11 years are
living with overweight and obesity.



20% of adults
have high blood
pressure.



Dental Health
23% of 5-year-old children have
signs of visible tooth decay.



Fast Food Density
There are **140** takeaways in Wyre.
This is more than the average local
authority in the UK.



Healthy Diet
Only **30%** of adults eat the
recommended 5 portions of
fruit and vegetables per day.



19% of children live in
poverty. Growing up in
poverty can damage a child's
well-being and life chances.



35% of children (Academic year
2023/24) and **32%** of adults are
physically inactive and do less than 30
minutes of activity per week. It is
recommended that people do 30 minutes
of exercise a day, 5 times a week.



MSK
29% of people have
a long-term
musculoskeletal
problem such as
back and neck pain.



Commuting **8%**
of people use
active modes of travel
to journey to work.



15% of people aged
over 16 are affected by
mental health problems.