

Together an Active Future



Total population
(from 2021 census)
117,732

Adults
91,838

0-19 years
25,894

Chorley

Health & Well-being Infograph 2024-2025



Active
Lancashire



Lancashire
Healthier Places



Every **51** deaths per 100,000 are linked to alcohol consumption.



Smoking
13% of adults smoke.



Overweight & Obesity
65% of adults, **23%** of children aged 4-5 years and **33%** of children aged 10-11 years are living with overweight and obesity.



16% of adults have high blood pressure.



Dental Health
21% of 5-year-old children have signs of visible tooth decay.



Fast Food Density
There are **142** takeaways in Chorley. This is more than the average local authority in the UK.



Healthy Diet
Less than a third (**33%**) of adults eat the recommended 5 portions of fruit and vegetables per day.



16% of children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



22% of children (Academic year 2023/24) and **23%** of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



MSK
22% of people have a long-term musculoskeletal problem such as back and neck pain.



Commuting
7% of people use active modes of travel to journey to work.



16% of people aged over 16 are affected by mental health problems.