



Burnley

Health & Well-being Infograph 2024-2025



Active
Lancashire



Lancashire
Healthier Places



Total population
(from 2021 census)
94,700

Adults
70,900

0-19 years
23,800



Every **56** deaths per
100,000 are linked
to alcohol
consumption.



Smoking
20% of adults
smoke.



Overweight & Obesity
64% of adults, **24%** of children
aged 4-5 years and **41%** of children
aged 10-11 years are living with
overweight and obesity.



15% of adults
have high blood
pressure.



Dental Health
29% of 5-year-old children
have signs of visible tooth
decay.



Fast Food Density
There are **148** takeaways in
Burnley. This is more than the
average local authority in the UK.



Healthy Diet
Less than a third (**23%**) of
adults eat the recommended 5
portions of fruit and vegetables
per day.



38% of children live in
poverty. Growing up in
poverty can damage a child's
well-being and life chances.



41% of children (Academic year
2023/24) and **35%** of adults are
physically inactive and do less than 30
minutes of activity per week. It is
recommended that people do 30 minutes
of exercise a day, 5 times a week.



MSK
21% of people
have a long-
term
musculoskeletal
problem such as
back and neck
pain.



Commuting
12% of people use
active modes of travel
to journey to work.



20% of people aged over
16 are affected by mental
health problems.