

Together an Active Future



Blackpool

Health & Well-being Infograph 2024-2025



Active
Lancashire



Lancashire
Healthier Places



Total population
(from 2021 census)
141,036

Adults
110,515

0-19 years
30,521



Every **74** deaths per
100,000 are linked
to alcohol
consumption.



Smoking
23% of adults
smoke.



Overweight & Obesity
72% of adults, **27%** of children
aged 4-5 years and **42%** of
children aged 10-11 years are
living with overweight and obesity.



18% of adults
have high blood
pressure.



Dental Health
31% of 5-year-old children
have signs of visible tooth
decay.



Fast Food Density
There are **311** takeaways in
Blackpool. This is more than the
average local authority in the UK.



Healthy Diet
Only around **23%** of adults eat
the recommended 5 portions of
fruit and vegetables per day.



23% of children live in
poverty. Growing up in
poverty can damage a child's
well-being and life chances.



31% of children (Academic year
2023/24) and **33%** of adults are
physically inactive and do less than 30
minutes of activity per week. It is
recommended that people do 30 minutes
of exercise a day, 5 times a week.



MSK
28% of people
have a long-
term
musculoskeletal
problem such as
back and neck
pain.



Commuting 14%
of people use
active modes of travel
to journey to work.



20% of people aged over
16 are affected by mental
health problems.