



# One Year On Celebration

**More Positive Together**



**Darren Wright**  
**20<sup>th</sup> April 2018**



# Through the day....

- > Welcome & Housekeeping
- > Car Registration – sign it in!
- > #MPTLancashire #ESF
- > Video footage – smile on camera
- > Asking Questions through the presentations - Slido
- > Wi Fi Code
- > Active Lancashire Wellbeing Offer - Activities taking place– Please have a go during lunch!
- > Active Networking - Suitable walking shoes!
- > Cake & Goodie Bag & Prizes- conditions!

# Agenda for the Day!



## Agenda

- > 10.00 - 10.15am Lancashire Sport & MPT Overview
- > 10.15am - 12.30pm - Partner Presentations
- > 12.30pm-13.30pm - Lunch / Networking & Marketplace
- > 13.30pm - 14.30pm Explorer Challenge
- > 14.30pm – Closing Remarks & Birthday Cake! :-)
- > 15.00pm - Depart

# A Partnership Approach



## > Carol Ross

- > Service Development Manager
- > Active Lancashire
  
- > Where did MPT come from?
- > Partnership Structure

# The Partners....



# MPT So Far in Numbers



- > 633 Participants Engaged
- > 51% Male 49% Female
- > 71 Aged 50+ Supported
- > 29 Homeless supported
- > 155 long term limiting health condition/disability
- > 18 into training
- > 22 into employment
- > 10 participants received childcare support



# For more information and to apply:

Visit:

[www.activelancashire.org.uk/mpt](http://www.activelancashire.org.uk/mpt)

Call:

01772 299830

E-mail:

[Mpt.activelancashire.org.uk](mailto:Mpt.activelancashire.org.uk)



# Xplorer Activity 1.30pm- 2.30pm (Active Networking)



- > **Xplorer** is a family friendly fun navigation challenge
- > It involves a healthy mix of physical activity and decision making
- > Please join the group with the number you received when registering this morning (See Active Lancashire staff)!
- > Get involved in physical activity and enjoy the scenery at Brockholes!
- > Please be back for 2.30pm to claim your goody bag and cake.